



U3A
DUNEDIN
CHARITABLE TRUST

Website:
u3adunedin.org.nz

Series 2 - 2016

Course title:

The Five Senses

Dates: **Wednesdays, 8 June - 13 July**

Time: **10:00 am -12 noon**

Venue: **Leith Bowling Club, 2 Duke St, Dunedin**
(Enrolments for this course will be limited to **110.**)

Course fee: \$45. Tea and coffee provided.

Course Organiser: Dorothy Kerin (473 8640)
dorothybrowne@hotmail.com

Course Assistant: Clare Robertson (477 4398)
clare.robertson@otago.ac.nz

If you would like to apply for more than one course, please rank your choices. If you enrol via our website **please complete payment of the appropriate fees** EITHER by internet banking (include Membership No. in Reference box), OR by cheque (to: Programme Secretary, U3A Dunedin, PO Box 6491, North Dunedin 9059.)

All applications must be received by Thursday 12 May 2016 and you will receive a response to your application by Monday 23 May 2016.

Please contact the Programme Convenor (courses@u3adunedin.org.nz) or the Secretary (mw.potter42@gmail.com, 453 4721) with any queries.

Postponements:

Check the website: **u3adunedin.org.nz** or listen to:

The Breeze 98.2 FM — Radio Dunedin 99.8 FM — MoreFM 97.4 FM

Please note: please no recording, photographing or videoing at any session in any of the courses.

Please keep this brochure as a reminder of venue, dates, and times for the courses for which you apply.

The Five Senses

Inspired by a U3A talk on perfume given by Brian Robinson, this course includes talks on each of the five senses (sight, hearing, touch, taste, smell) and will have two main themes. It will cover how each sense works, common problems experienced as we age, and solutions to these common problems. It will also provide examples of the use of each of the senses, focusing on heightening our awareness of its use, and enhancing our pleasure in our senses.

8 June

SIGHT

-The ageing eye

Gordon Sanderson, *Optometrist, Associate Professor (retired), Dunedin School of Medicine, University of Otago*

-Are you aesthetically blind?

Marshall Seifert, *Collector*

15 June

HEARING

-Hearing as we age

Anne McElwain, *Senior Audiologist, Triton Hearing*

-The pleasures of hearing (music and song)

Associate Professor Judy Bellingham,
Department of Music, University of Otago

22 June

TOUCH

-Touch: our neglected sense

Dr Louisa Baillie, *PhD (Anatomy), Artist and Sculptor*

29 June

TASTE AND SMELL

-How chemical molecules excite our senses

Dr Kristin Hillman, *Department of Psychology,*
University of Otago

6 July

TASTE

-The pleasures of taste: food and wine

Kevin Gilbert, *Chef, Gilbert's Fine Foods, Dunedin*

Charmian Smith, *Wine and Food Writer, Dunedin*

13 July

Suspension of the senses

Dr David Hunt, *Anaesthetist,*

Southern District Health Board

The sensuous pleasures of a garden

Barbara Wheeler, *Collections Supervisor,*

Dunedin Botanic Garden