

Dunedin has joined the many cities in the world in which a University of the Third Age has been founded

Beginning in France in the mid seventies the U3A movement has now spread to most countries and has many hundreds of thousands of members.

U3A is a response to the idea that human life is divided into three periods: firstly, childhood and schooling; secondly, child rearing and work; and thirdly retirement.

The third age is seen to provide the greatest opportunities for learning and understanding because it is during this period of retirement that the idea of a university as a community of those who seek greater understanding through learning can be put into practice.

The unique characteristics of U3A

- Learning topics are selected by the members
- Indepth courses are planned by members
- Opportunities for reading, research and discussion are provided
- Presenters/facilitators are usually members of the groups
- The company of others who enjoy learning is ensured
- The atmosphere for learning is informal and friendly
- There are no examinations
- There are no compulsory activities
- Courses take place during daylight hours
- Costs are minimal and within the reach of everybody

ADMINISTRATION

Dates: Thursdays
Time: 10.00-12.00
Fee: \$40.00
Tea and coffee provided

Enrolments -Limited to 50

You are able to enrol in more than one programme (subject to numbers).
If you wish to enrol for more than one programme, you *must indicate your choice* on the Enrolment Form.

To be received on or **before mid-day Friday 16th August 2002**. After the draw those who were unsuccessful will be notified as soon as possible.

Venue:

All sessions are held in the lecture room, Salmond Hall, Knox St.

Session Leaders

Honor Anderson
Brian O'Rourke

THE UNIVERSITY OF THE THIRD AGE

U3A

Dunedin Charitable Trust

A NEW LEARNING OPTION FOR THE RETIRED

Psychology in Everyday Life
5th September -10th October, 2002

Rodgers & Associates
Law Practice

Psychology in Everyday life

1st choice ___ 2nd choice ___ 3rd choice ___

Please tick appropriate spaces.

Surname: _____ M__ F__

Name for Name Tag: _____

Address: _____

Telephone Number: _____

Payment

Course Fee: \$40

Cheques payable to Rodgers and Associates

Please complete and return to:

U3A

Rodgers and Associates

P O Box 6200

Dunedin North

on or before noon Friday 16th August 2002

Enquiries to:

U3A

Katherine Dolby

467 2638

The Programme

The study of psychology aims to understand how we learn, feel, think, perceive others, and understand ourselves, using scientific methods to discover what governs human behaviour.

Sometimes psychologists find that what seems obvious is in fact true, but there are also many results that surprise us. In this short course we will look at some topics in contemporary psychology that are relevant to our everyday lives, such as human memory, intelligence, and anxiety. We will use these examples to show how psychologists have developed a science of human behaviour over the past 100 years.

**PSYCHOLOGY IN EVERYDAY LIFE
PROGRAMME 2002**

(Thursdays 10.00-12.00)

Venue:-Lecture Room, Salmond Hall

5th Sept **Dr Bob Knight:** What is Psychology?

The discipline in the year 2002

12th Sept **Bob Knight:** Applying psychology:

History of psychological testing

19th Sept **Prof Geoff White:** Everyday memory

26th Sept **Bob Knight:** What is intelligence?

3rd Oct **Bob Knight:** Anxiety and stress

10th Oct **Bob Knight:** How shall we care for
the insane?

**RETAIN THIS PORTION -remember your
1st choice**