



Department of
Preventive and Social Medicine
Te Tari Hauora Tūmatanui

Spiritual care in 21st century Aotearoa New Zealand healthcare

Associate Professor Richard Egan

What is spiritual care, and how can we do it better?

Spirituality is central to the wellbeing of all people and spiritual care is important for many people facing serious health issues. This includes exploring what helps people make meaning in times of great stress, facing fears or death, which may include cultural and/or religious support.

To understand what this means for our evolving healthcare system, we need to consult with people and whānau about the best ways for them to access spiritual care. This talk will present up-to-date research, and give healthcare professionals and the public the chance to have their say.

Associate Professor Richard Egan

Dr Richard Egan is a director of the Cancer Society Research Collaboration and co-director of the Social and Behavioural Research Unit. He has worked as a mental health promoter in public health, and has been at the Dunedin School of Medicine for 15 years. Richard's PhD thesis explored spirituality in end-of-life care, and he has recently pioneered spiritual care education in nursing and medical teaching.

Please wear a surgical mask and do not attend if you have any cold or flu symptoms.
Refreshments will be available.

8 June

5:30-7:30pm

**Hunter Centre Seminar Room, G.30B
279 Great King Street, Dunedin.**

**For further information:
otago.ac.nz/events**