



# Neurofeedback for Fibromyalgia

Adults (age 18-75) with fibromyalgia are invited to participate in a research project exploring the effect of Neurofeedback treatment, a way to self-train brain activity for pain relief.

We require volunteers to be available to attend the following study phases at the Dunedin hospital:

**Baseline Assessments:** ~1.5 hours : Record brain activity and complete questionnaires.

**Treatment Phase:** 12 sessions of Neurofeedback (~1 hour per session, 3 times a week, for 4 consecutive weeks).

**Post-Treatment Assessment:** ~1 hour : Repeat baseline assessments.

**Follow up Assessment:** Two sessions (~1 hour each) - Repeat baseline assessments at 10 days and 1-month post-treatment phase.

Participants will receive petrol vouchers as a reimbursement for travel/parking expenses.

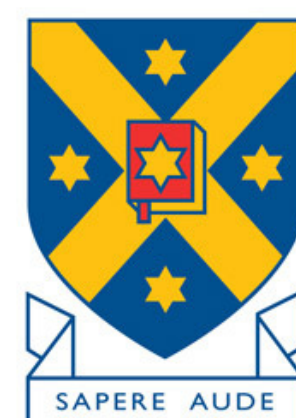
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