



New Zealand Association of  
**Gerontology**

Te Ropu Matauranga Kaumatuatanga o Aotearoa



**AGE  
CONCERN  
OTAGO**



**CARE**

Collaboration of Ageing Research Excellence

Te Taki Rangahau Pēperekou  
A UNIVERSITY OF OTAGO RESEARCH THEME

# Bring Research to Life Celebrate International Day of the Older Person

“Bring Research to Life” is a free expo for older adults featuring 5 interactive panel discussions and information from over 20 support agencies for older adults.

For more information and the programme see:

<https://gerontology.org.nz>

DUNEDIN PUBLIC ART GALLERY

Saturday October 1, 2022 | 11.00AM - 4.30PM



# Bring Research to Life

## International Day of the Older Person

# Programme

**Time:** Please join us for one or more interactive sessions:

11.00 - 11.05	Opening
11.05 - 11.45	Panel discussion: 'Older adults in the workforce'
11.45 - 12.15	Demonstrations of falls prevention programmes by Age Concern
12.15 - 12.45	Panel discussion: 'Data security'
12.45 - 1.30	Lunch (provided)
1.30 - 2.15	Panel discussion: 'The ageing brain'
2.15 - 2.45	Demonstrations of falls prevention programmes by Age Concern & afternoon tea (provided)
2.45 - 3.30	Panel discussion: 'Spiritual well-being in older adults'
3.30 - 4.15	Panel discussion: 'Falls and mobility'
4.15 - 4.30	Closing

# Expo

11.30 - 3.00	Expo with stall-holders to celebrate and showcase the support agencies for older adults within the Otago region
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